



DIRECT PRIMARY CARE MEMBERSHIP

COVERED SERVICES WITH BASIC MEMBERSHIP:

- Same day appointments as well as a Provider being available by text/email/telemedicine. Contact us by phone if there is an urgent problem.
- Nearly unlimited access (up to 99 encounters per month) to provide comprehensive primary medical care. Not all conditions can be handled with these indirect methods and the Patient may be asked to make an in-person appointment.
- Office care and minor procedures, as medically indicated:
 - X-rays
 - EKG with interpretation
 - Annual Wellness Labs (CBC, CMP, A1c, Lipid Panel, TSH, Urinalysis)
 - Fitness & Nutrition
 - Dipstick urinalysis
 - Urine pregnancy test
 - Rapid strep test
 - Blood glucose reading
 - Wound closures and sutures
 - Pap smears *
 - Skin biopsies *
 - Injectable meds **
 - Joint injection administration **
- Access to cash pay discounts we are able to negotiate on the Patient's behalf from various third parties, such as imaging centers and laboratories
- Organization and review of historic and outside medical records
- Use of electronic medical records to help keep Patient's preventive services up to date and track referrals, labs, imaging reports until results are available
- Clinical Pharmacist may assist with medication management
- Access to integrated services team

*Patient will be responsible for the laboratory fee for reading the sample

**Patient will be responsible for the cost of the medication injected

EXCLUDED SERVICES:

- Anything not specifically listed as a Covered Service shall be a non-covered service.
- Any health care services not performed on or within the premises of One Life Wellness and Primary Care, Inc., including emergency room visits, hospital stays, specialist care, imaging and labs, etc.
- Vaccines/medications not listed above (administration is included).
- Medical tests not performed in the office (actual "reading" of pap smears for example).
- Durable medical equipment (braces, splints, etc.).